Food that fights cancer

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Food for Fit

List of ingredients:

- Ginkgo biloba extract, 150 gr
- Green tea, 5 gr
- Bilberry, 1/2 cup
- Pomegranate, 1/2 cup
- Garlic, 1 clove
- Propolis, 2 gr
- Honey, 2 spoons
- Shiitake, 2 spoons
- Mulberry, 1 spoon

A drug that fights cancer

A drug that fights cancer. In a recent study published in the Journal of Medicinal Chemistry, scientists from the University of California, San Francisco, have found that a compound called EGCG, found in green tea, has the potential to inhibit the growth of cancer cells.

EGCG is a polyphenol, a type of antioxidants, found in green tea. It has been shown to have cancer-fighting properties, particularly against breast, colon, and prostate cancer.

In the study, researchers used a cell line derived from human breast cancer cells and treated them with EGCG. They found that EGCG was able to inhibit the growth of the cancer cells by blocking the activity of a protein called Akt, which is involved in the survival and growth of cancer cells.

The researchers also tested the compound in mice with breast cancer and found that it was able to reduce the size of the tumors and improve survival rates.

The findings suggest that EGCG could be a promising new treatment for cancer, particularly for breast cancer. However, more research is needed to confirm these results and to develop EGCG-based therapies.